

Ruby, Lavender & Amethyst

July Stone of the Month: Ruby & Ruby Zoisite

July's birthstone is Ruby...a stone of nobility. Ruby is associated with love, believed to encourage a couple's closeness and commitment.

One of the most colorful ornamental gemstones, Ruby Zoisite is a natural occurring combination of both ruby and zoisite. Some say ruby zoisite is a marriage of passion and patience carrying the fiery properties of ruby and the earthy properties of zoisite. Known to help people develop a loving attitude towards oneself, ruby zoisite allows one to be more expressive and less apprehensive of change. It instigates compassion, gentleness, endurance, and fosters a sense of belonging.





First Friday Happenings - July 7

July 7th is a full night of fun. The Ballston Spa Community Jazz band will be playing in Iron Spring Park and the Outdoor Family Movie Series will kickoff with "Sing" showing at Wiswall Park at 8:30 pm. And to top it off...Jessicakes will be here in the shop with some chocolate, caramel and toasted coconut deliciousness!!



Lavenlair

Lavender!! So many wonderful traits packed into this classic herb with its dainty purple flowers. It's calming, cleansing and relaxing...all at once. We now carry a lovely line of lavender products from local farm, Lavenlair. Lavender lotions, mists, bath salts and soaps are just a few of the items we have in the shop...stop in and smell them for yourself!!

Lavender Tea Cookies!!

Since lavender is in full bloom, here is a recipe for my favorite Lavender Cookies

1 TBSP lavender flowers minced
1 cup butter
2/3 cup sugar
1 tsp vanilla
1/4 tsp lemon extract
2 cups flour
1/8 tsp salt

The night before: cream lavender and butter. Let sit overnight.

Preheat oven to 325 degrees.

Cream lavender butter and sugar. Mix in salt. Mix in vanilla and lemon extract. Stir in flour.

Form dough into balls about 1" in diameter. Flatten with cookie stamp or bottom of a glass. Bake 12-15 mins

To finish, infuse 1+ cup icing sugar with many sprigs of lavender. Sprinkle on cookies.



Amethyst in our on-line shop!

Amethyst. Gem of Fire. Stone of spirituality and contentment. Check out the amethyst creations available through our online shop.

[Visit our on-line shop!](#)

